

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Focus on getting ourselves changed. Dance Reception - Nursery Rhymes	Gymnastics Reception - High, Over, Under, Over Games Reception - Ball Skills Hands 1	Health & Wellbeing Reception - Health & Wellbeing Gymnastics Reception - Moving	Games Reception - Ball Skill Hands 2 Dance Reception - Dinosaurs	Games Reception - Locomotion: Walking Games Reception - Ball Skills Feet	Games Reception - Locomotion: Jumping Games Reception - Games for Understanding
KS1 Cycle A	Games - Ball skills - Hands 1 Gymnastic - High, low, Over and under (R) Dance-Zoo (Y1) Games-Hands (Y2)	Dance - Ourselves Gymnastics - Moving (R) Dance Explorers (Y2) Gym - Wide/Narrow/Curls (Y1)	Games - Ball Skills - Feet 1 Dance - Nursery Rhymes (R) Health and Wellbeing (Y1) Gym - Linking (Y2)	Attack V Defence - Games for Understanding Locomotion - Walking (R) Attack V Defence Games for understanding (Y1) Games - Feet (Y2)	Games - Ball skills Hands 2 Locomotion - Jumping (R) Games - Rackets/bat & balls (Y1) Locomotion - Jumping (Y2)	Games - Balls skills - rackets, bats balls and balloons (R) Locomotion - Dodging (Y2) Locomotion - Running (Y2)
KS1 Cycle B	Games - Ball skills - Hands 1 Gymnastic - High, low, Over and under (R) Gym - Body Parts (Y1) Games - Hands (Y1)	Dance - Ourselves Gymnastics - Moving (R) Gym-Pathways (Y1) Dance - Heroes (Y1)	Games - Ball Skills - Feet 1 Dance - Nursery Rhymes (R) Health and wellbeing (Y2) Dance Water (Y2)	Attack V Defence - Games for Understanding Locomotion - Walking (R) Attack V Defence Games for Understanding (Y2)	Games - Ball skills Hands 2 Locomotion - Jumping (R) Jumping (Y1) Games - Rackets/bats & balls (Y2)	Games - Balls skills - rackets, bats balls and balloons (R) Locomotion - Running (Y2) Team Building (Y1)

				Games - Feet (Y1)		
Y3/4 Cycle A	Swimming (King-Smith) Game sense. Athletics	Swimming (King-Smith) Gym - Symmetry/Asymmetry Football	Swimming (Fine) Dance Netball	Swimming (Fine) Dance - Witches and Wizards OAA Problem solving. Tennis	Swimming (Dahl) OAA - Orienteering Dance - Witches and Wizards Athletics	Swimming (Dahl) OAA - Problem solving. Cricket
Y3/4 Cycle B	Swimming (King-Smith) Handball Athletics (running)	Swimming (King-Smith) Gymnastics - Bridges Tag Rugby	Swimming (Fine) Dance (Space) Hockey	Swimming (Fine) OAA - Problem solving. Gymnastics - Bridges Volleyball	Swimming (Dahl) Dance (Space) Handball Athletics (competitions)	Swimming (Dahl) OAA - problem solving. Rounders
Y5/6 Cycle A	Running Football (8 weeks) Rolls into next term.	Gymnastics Netball (8 weeks) Rolls into next term.	Dance Tennis	Orienteering Tennis	Health and Fitness Cricket	Throwing & jumping Cricket
Y5/6 Cycle B	OAA Problem Solving Hockey (8 weeks) Rolls into next term.	Dance Hockey/tag Rugby (8 weeks) Rolls into next term.	Gymnastics Tag Rugby	Handball Volleyball	Athletics Rounders	Throwing & jumping Rounders