# ideal MEALS for Schools

## Term Five

April & May 2024

IDEALSCHOOLMEALS.CO.UK

# Welcome to our Term 5 Menu!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here idealschoolmeals.co.uk/allergen-advice

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

# Coming theme days...

WED 17TH APRIL

## WORLD CIRCUS DAY

World Circus Day shines a spotlight on circus creators, performers and artists. The history of circus can be traced back to the Roman era, where one of the most famous circuses could host 250,000 people at a time!

As one of the most popular and universal forms of entertainment, today brings circus art to the forefront, to create awareness for everyone involved in the industry.

FRI 26TH APR

## NATIONAL SUPER HERO DAY

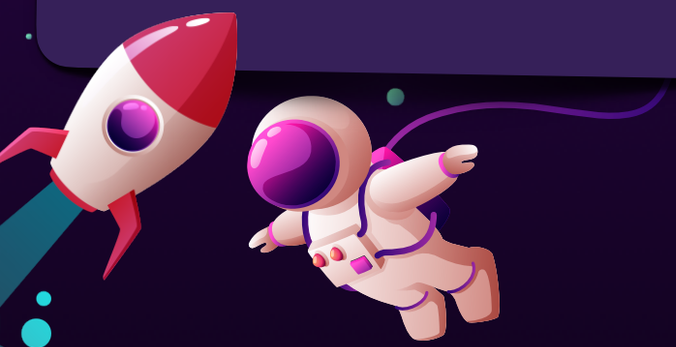
Unleash your inner superhero for National Superhero Day! A day to recognise and appreciate all the heroic acts of kindness that people around us do, every day.

Whether it be helping an eldery person accross the street or donating to a charitable cause, these are just some of the small but meaningful ways we can make a difference in our communities. So don your cape and join us in celebrating National Superhero Day!

FRI 3RD MAY

## SPACE DAY

A fantastic day to celebrate all things to do with space, planets, stars and their observation. The day is dedicated to extraordinary achievements and opportunities that the exploration and use of outer space bring us.



Thurs 16th May

## School Meal Extravaganza

Joining us for lunch today not only provides opportunity to enjoy some of the favourite school lunch options, it also boosts funding for your childs school.

Join us for our super popular brunch lunch!

| | Monday 15th April | Tuesday 16th April | Wednesday 17th April | Thursday 18th April | Friday 19th April |
|---|---|---|---|---|---|
| **Lunch Option 1** | Breaded Fish Fingers | Creamy Tomato Pasta & Garlic Bread | Spectacular Hot Dog (Lincolnshire Sausage & Bloomsbury Roll) | Roast Gammon & Mashed Potato | Beef Lasagne |
| **Lunch Option 2** | Cheese & Tomato Omelette | Mild Mexican Bean Wrap | Showtime Picnic Bag - Sausage Roll, Cheese Chunk, Crudites, Fruit & Cookie | Creamy Tuna & Sweetcorn Pasta | Chicken Quesadilla |
| **Lunch Option 3** | Quorn Dippers | Savoury Quorn Mince in Gravy & Yorkshire Pudding | Magnificent Quorn Sausage Roll | Cheese & Bean Pasty & Mashed Potato | Cheese & Tomato Pizza Baguette & Ketchup |
| 1, 2 & 3 served with | Oven Chips & Baked Beans | Peas, Sweetcorn & Diced Carrots | M1 & M3 Only - Diced Roast Potatoes, Peas & Ketchup | Mixed Vegetables | Mixed Vegetables |
| **Lunch Option 4** | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | Tuna Mayo Baguette | Cheese Baguette | Sliced Ham Baguette | Diced Chicken Mayo Baguette | Sliced Ham Baguette |
| 4 & 5 served with | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | Fruit Crumble & Custard | Ice Cream Sponge Roll | Carnival Cookie | Vanilla Sponge with Raspberry Ripple Icing | Banana & Chocolate Custard |
| **Dessert Option Y** | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

26 APRIL 2024

# NATIONAL SUPER HERO DAY

ideal MEALS for Schools

| | Monday 22nd April | Tuesday 23rd April | Wednesday 24th April | Thursday 25th April | Friday 26th April |
|---|---|---|---|---|---|
| **Lunch Option 1** | Macaroni Cheese & Bread Selection | Simpsons Puff Pastry Sausage Roll | Bolognese Pasta | Roast Chicken & Diced Roast Potatoes | Super Miraculous Meat Feast Pizza |
| **Lunch Option 2** | Baked Veggie Enchilada in Tomato Sauce | Ham & Cheese Pie | Creamy Chicken Cottage Pie | Tuna, Sweetcorn & Tomato Pasta Bake | Breaded Fish Finger Wrap |
| **Lunch Option 3** | Potato & Vegetable Curry with Rice | Cheese & Broccoli Fritter | Ratatouille Pasta | Quorn Sausage & Diced Roast Potatoes | Incredible Hulk Cheese & Spinach Omelette |
| 1, 2 & 3 served with | Mixed Vegetables | Mashed Potato & Baked Beans | Mixed Vegetables | Mixed Vegetables | Oven Chips, Spaghetti Hoops & Salad Platter |
| **Lunch Option 4** | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | Tuna Mayo Baguette | Cheese Baguette | Sliced Ham Baguette | Cheese Baguette | Sliced Ham Baguette |
| 4 & 5 served with | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | Oat Cookie | Jelly & Melon Slice | Toffee Sponge & Custard | Carrot Cake & Orange Wedge | Snap, Crackle & Pop Crispie Fingers |
| **Dessert Option Y** | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

ideal MEALS for Schools

# SPACE DAY

| | Monday 29th April | Tuesday 30th April | Wednesday 1st May | Thursday 2nd May | Friday 3rd May |
|---|---|---|---|---|---|
| **Lunch Option 1** | Cheese & Tomato Macaroni Bake & Bread Selection | Mild & Creamy Coconut Chicken Curry & Rice | Roast Gammon & Mashed Potato | Breaded Fish Fingers | Meteor Meatballs in Cheesy Tomato Sauce |
| **Lunch Option 2** | Fish Pie | Hunters Chicken Pasta | Bacon Mac' Cheese | Cauliflower & Broccoli Cheese Bake | Cosmic Chicken in BBQ Sauce |
| **Lunch Option 3** | Stuffed Pepper in Tomato Sauce | Cheese Topped Veggie Cottage Pie | Puff Pastry Quorn Sausage Roll & Mashed Potato | Veggie Bean Burger | Cheese & Tomato Pizza UFO (Bagel) |
| 1, 2 & 3 served with | Mixed Vegetables | Mixed Vegetables | Mixed Vegetables | Diced Roast Potatoes, Peas & Ketchup | Martian Mash, Peas & Carrots |
| **Lunch Option 4** | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | Tuna Mayo Baguette | Cheese Baguette | Sliced Ham Baguette | Diced Chicken Mayo Baguette | Sliced Ham Baguette |
| 4 & 5 served with | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | Tutti Frutti Biscuit | Diced Peaches & Ice Cream | Apple & Fresh Cream Sponge Cake | Jelly & Custard Trifle Squares | Galactic Marble Sponge & Custard |
| **Dessert Option Y** | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

ideal MEALS for Schools

| | Monday 6th May | Tuesday 7th May | Wednesday 8th May | Thursday 9th May | Friday 10th May |
|---|---|---|---|---|---|
| **Lunch Option 1** | May Day Bank Holiday | Cheese & Tomato Pizza Slices & Ketchup | Roast Chicken | Beef Cottage Pie | Breaded Chicken Dippers |
| **Lunch Option 2** | | Bacon & Broccoli Hot Pot | Cheese & Bean Pasty | Ham & Cheese Potato Shells | Tuna Pizza Baguette |
| **Lunch Option 3** | | Quorn Sausage, Baked Bean & Mash Pie | Breaded Vegetable Fingers | Vegetable Lasagne | Veggie Pizza |
| 1, 2 & 3 served with | | Peas, Sweetcorn & Carrots | Mashed Potato & Mixed Vegetables | Mixed Vegetables | Diced Roast Potatoes & Baked Beans |
| **Lunch Option 4** | | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | | Tuna Baguette | Sliced Ham Baguette | Cheese Baguette | Sliced Ham Baguette |
| 4 & 5 served with | | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | | Ice Cream Sponge Roll | Chocolate Buttercream Sponge Cake | Banoffee Pancake | Vanilla Sponge & Chocolate Sauce |
| **Dessert Option Y** | | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

# School Meal Extravaganza

| | Monday 13th May | Tuesday 14th May | Wednesday 15th May | Thursday 16th May | Friday 17th May |
|---|---|---|---|---|---|
| **Lunch Option 1** | Macaroni Cheese & Bread Selection | Hunters Style Chicken & Rice | Roast Gammon | The Ideal Brunch - Sausage, Hash Brown & Mini Roll | Breaded Fishcake |
| **Lunch Option 2** | Baked Veggie Enchilada in Tomato Sauce | Chicken Quesadilla | Ham & Cheese Pie | Cheese, Bacon & Ketchup Brunch Wrap | Chicken Tikka Pizza |
| **Lunch Option 3** | Stuffed Pepper in Tomato Sauce | Cheese & Tomato Pasta Bake | Homemade Quorn Toad in the Hole | Veggie Brunch - Quorn Sausage | Cheese & Broccoli Fritter |
| 1, 2 & 3 served with | Peas, Sweetcorn & Diced Carrots | Mixed Vegetables | Mashed Potato & Mixed Vegetables | Baked Beans | Diced Roast Potatoes, Peas & Ketchup |
| **Lunch Option 4** | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | Tuna Mayo Baguette | Cheese Baguette | Sliced Ham Baguette | Diced Chicken Mayo Baguette | Sliced Ham Baguette |
| 4 & 5 served with | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | Oat Cookie | Fruit Crumble & Custard | Vanilla Sponge & Raspberry Ripple Icing | Chocolate Cracknel | Jelly & Melon Slice |
| **Dessert Option Y** | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

ideal MEALS for Schools

# FRUITY FRIDAYS

## ARE BACK!

| | Monday 20th May | Tuesday 21st May | Wednesday 22nd May | Thursday 23rd May | Friday 24th May |
|---|---|---|---|---|---|
| **Lunch Option 1** | Cheese & Tomato Macaroni Bake & Bread Selection | Mild & Creamy Coconut Chicken Curry & Rice | Lincolnshire Sausage | Beef Lasagne | Breaded Fish Fingers |
| **Lunch Option 2** | Cauliflower & Broccoli Cheese Bake | Beef Cottage Pie | Roast Gammon | Hunters Chicken Pasta | Breaded Salmon Fishcake |
| **Lunch Option 3** | Potato & Vegetable Curry with Rice | Cheese Filled Potato Shells | Veggie Bean Burger | Cheese Topped Veggie Cottage Pie | Veggie Pizza Baguette |
| 1, 2 & 3 served with | Mixed Vegetables | Mixed Vegetables | Mashed Potato & Baked Beans | Mixed Vegetables | Diced Roast Potatoes, Peas & Ketchup |
| **Lunch Option 4** | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| **Lunch Option 5** | Tuna Mayo Baguette | Cheese Baguette | Sliced Ham Baguette | Cheese Baguette | Sliced Ham Baguette |
| 4 & 5 served with | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad | Served with Mixed Salad |
| **Dessert Option D** | Cocoa Oat Cookie | Diced Peaches & Ice Cream | Marble Buttercream Sponge Cake | Carrot Cake & Custard | FRUITY FRIDAY - Shortbread Finger & Fresh Fruit Platter |
| **Dessert Option Y** | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt | Yeo Valley Organic Yoghurt |
| **Dessert Option F** | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

# We love to talk about what we can offer your children

We are always on hand to
answer any questions in relation to our service.

Contact us at any time using the details below.

## Telephone

01522 246424

## email

enquiries@idealschoolmeals.co.uk

Follow us on social media.
It's a great way to see some of the meal
options on offer.

@idealschoolmeals

@mealsideal

@idealschoolmeals