



term one

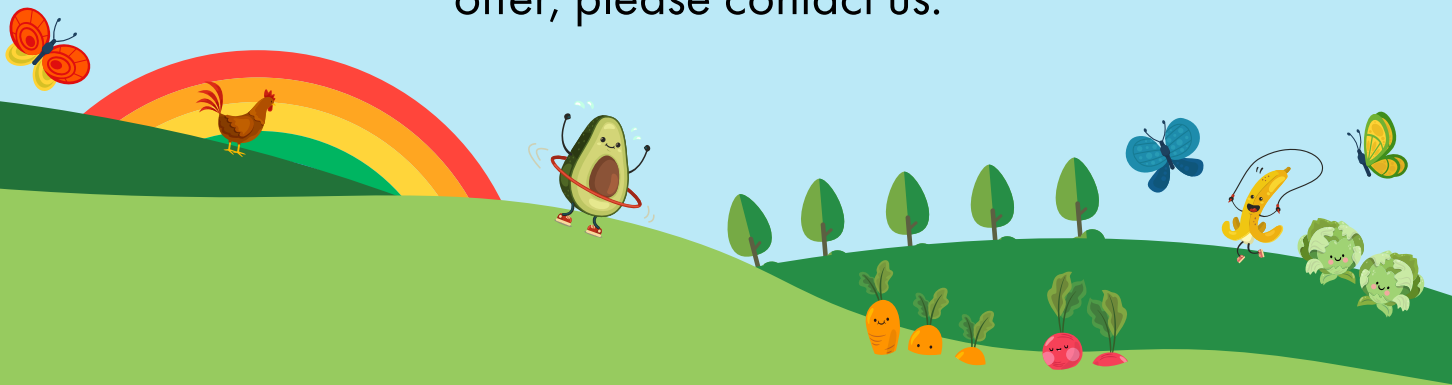
SEPT 4TH - OCT 20TH

WELCOME TO YOUR SCHOOL LUNCH SERVICE

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download each terms allergen information here [idealschoolmeals.co.uk/
allergen-advice](https://idealschoolmeals.co.uk/allergen-advice)

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



Supporting the local economy and keeping food miles low is really important to us.

**SIMPSONS
BUTCHERS**

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

JHULL
WHOLESALE
QUALITY FRESH PRODUCE

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

Bloomsbury
BAKERY

This Grantham based company, managed by a Father and son, have been trading for over 30 years and supply all of our freshly baked bread rolls.

UPCOMING THEME DAYS

WELCOME WEEK

MON
4TH
SEPT

Be it starting school for the first time, or returning after a long summer break - our welcome week options include the 'tried and tested' favourites to ease the children in to the school meal experience.

ROALD DAHL DAY

WED
13TH
SEPT

While there is always reason to celebrate the wonderful stories and characters from the worlds no.1 storyteller, today is the perfect opportunity to organise phizz-whizzingly brilliant activities and scrumdiddlyumptious treats, in honour of the fantastic Roald Dahl.

Autumn Equinox

FRI
22ND
SEPT

Pumpkins, warm sweaters, fluffy scarves and hearty lunches.....are all the things we have to look forward to, as we enter in to a new calendar season.

Traditional Autumnal dishes on the menu today.

FRI
29TH
SEPT

LINCOLNSHIRE DAY

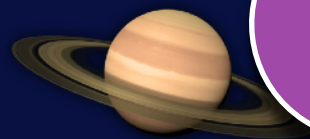
Lincolnshire Day falls on 1st October every year. A day where we celebrate everything great about Lincolnshire heritage, farming and food.

The Lincolnshire sausage is one of our county's most famous culinary traditions and a winner with the children, year after year. Simpsons Lincolnshire Sausages are plump, juicy and bursting with flavour.

the School meal Extravaganza!

THU
5TH
OCT

Today is school meal census day. Choosing a school lunch today not only provides opportunity to enjoy some of our favourite meal options, it also boosts funding for your child's school. Schools receive a contribution for each infant that orders a school lunch today.



TUE
10TH
OCT

World Space Week

Drawing to a close today, World Space Week is an exciting celebration of the wonders of the universe.

With lots of space themed activities taking place in schools, we're offering a space themed menu to tie in with the topic.

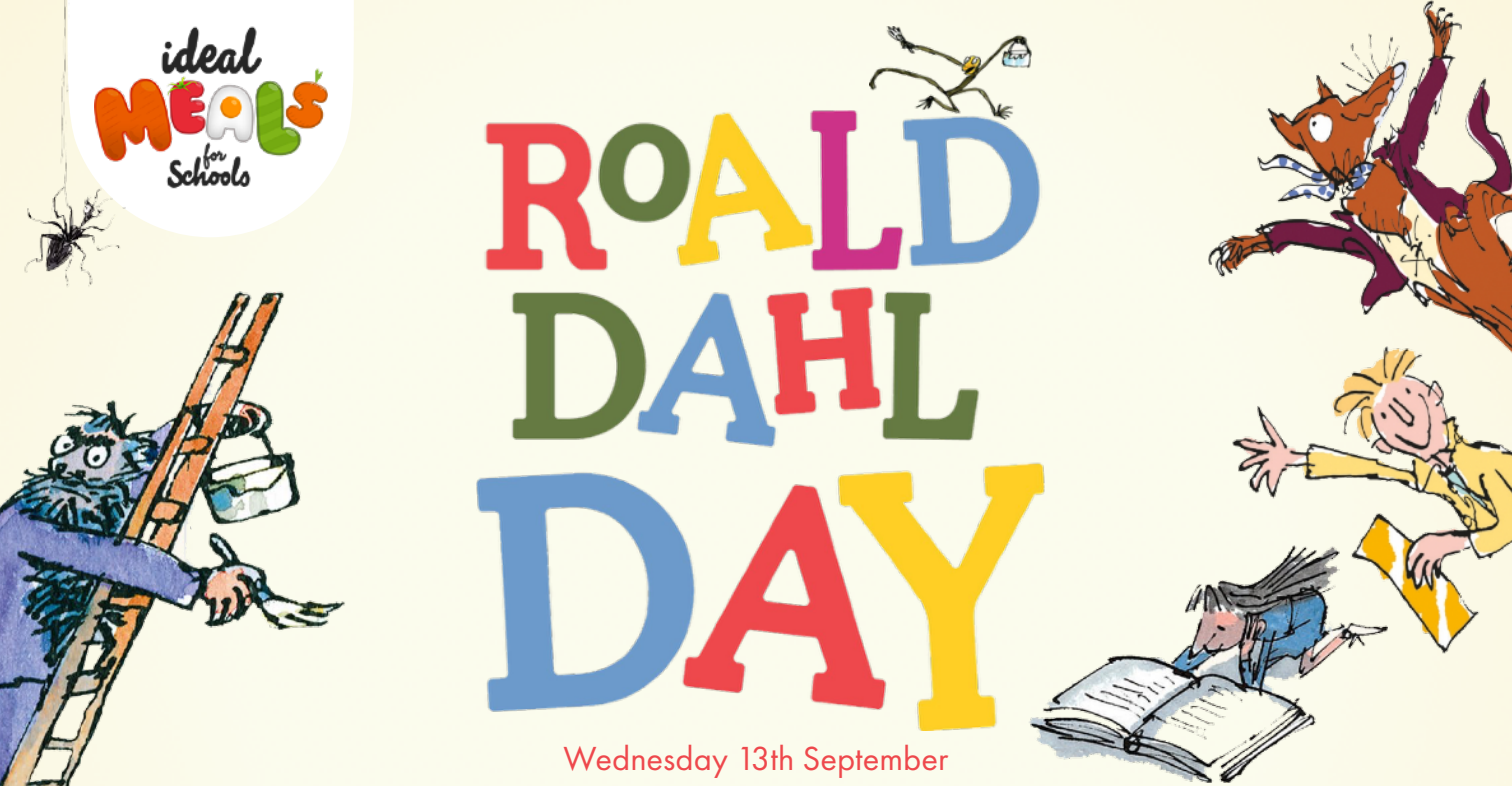




Our tried and tested school lunch favourites!

	Monday 4th Sept	Tuesday 5th Sept	Wednesday 6th Sept	Thursday 7th Sept	Friday 8th Sept
Lunch Option 1	Creamy Tomato Macaroni & Garlic Bread	Roast Beef	Simpsons Lincolnshire Sausage & Mash	Mild & Creamy Coconut Chicken Curry & Rice	MSC Fish Fingers, Tortilla Wrap & Baby Potatoes
Lunch Option 2	Mexican Bean Wrap	Chickpea & Sweetcorn Fritter	Tuna & Sweetcorn Pasta	Ham & Cheese Potato Shells	Grilled Cheese Toastie
Lunch Option 3	Vegetable & Lentil Curry with Rice	Homemade Quorn Toad in the Hole	Cauliflower & Broccoli Cheese Bake & Mashed Potato	Creamy Tomato Pasta	Breaded Vegetable Fingers Tortilla Wrap & Baby Potatoes
1, 2 & 3 served with	Mixed Vegetables	Herby Roast Potatoes & Mixed Vegetables	Baked Beans or Peas	Mixed Vegetables	Spaghetti Hoops & Rainbow Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Apple Crumble & Custard	Peaches & Squirry Cream	Chocolate Buttercream Sponge Cake	Shortbread Biscuit	Vanilla Sprinkle Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





Wednesday 13th September

	Monday 11th Sept	Tuesday 12th Sept	Wednesday 13th Sept	Thursday 14th Sept	Friday 15th Sept
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Hunters Style Chicken & Rice	The Twits Wormy Spaghetti Bolognese	Roast Turkey & Roast Potatoes	Simpsons Beef Burger, Fresh Bloomsbury Roll & Cheese
Lunch Option 2	Stuffed Pepper	Chicken Noodles	Fantastic Mr Foxes BBQ Pulled Chicken, Fresh Roll, Cheese & Mayo	Bacon Mac' Cheese	Tuna Pizza Baguette
Lunch Option 3	Cheese & Tomato & Broccoli Quiche with 1/2 Jacket Potato	Vegetable Noodles	The BFG's Human Bean Burrito	Egg, Spinach & Tomato Muffins & Roast Potatoes	Quorn Sausage Burger, Fresh Bloomsbury Roll & Cheese
1, 2 & 3 served with	Peas & Sweetcorn	Mixed Vegetables	Snozzcumber & Carrot Sticks	Mixed Vegetables	Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Peach & Raspberry Sponge & Custard	Bruce Bogtrotters Chocolate Cake	Orange Jelly with Mandarins	Chocolate Cracknel
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Autumn Equinox

Fri 22nd Sept



TACO TUESDAY

19th Sept

Mega Mild
Mexican Chicken,
Tortilla Wrap &
Rice

Potato Skin Taco's
with Beef
Bolognese

Mega Mild
Mexican Beans,
Tortilla Wrap &
Rice

Rainbow Salad
Platter

Jacket Potato
with a selection of
fillings

Cheese Baguette

Served with
Mixed Salad

Banana &
Chocolate
Custard

Yeo Valley
Organic Yoghurt

Fresh Fruit

Wednesday
20th Sept

Roast Pork &
Roast Potatoes

Creamy Tomato
Pasta

Homemade
Quorn Toad in
the Hole & Roast
Potatoes

Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Mango & Vanilla
Sponge Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit

Thursday
21st Sept

MSC Fishcake

Simpsons Puff
Pastry Sausage
Roll

Cheese & Broccoli
Fritter

Mashed Potato &
Baked Beans

Jacket Potato
with a selection of
fillings

Diced Chicken
Mayo Baguette

Served with
Mixed Salad

Toffee Sponge
Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit

Autumn Equinox

Friday 22nd Sept

Beef Cottage Pie

Fish Pie

Cheese Topped
Veggie Cottage
Pie

Mixed Vegetables

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Flapjack & Melon
Slice

Yeo Valley
Organic Yoghurt

Fresh Fruit

Lunch
Option 1

Macaroni
Cheese & Garlic
Bread

Lunch
Option 2

Cauliflower &
Broccoli Cheese
Bake & Garlic
Bread

Lunch
Option 3

Vegetable &
Lentil Curry with
Rice

1, 2 & 3
served with

Mixed
Vegetables

Lunch
Option 4

Jacket Potato
with a selection of
fillings

Lunch
Option 5

Tuna Mayo
Baguette

4 & 5
served with

Served with
Mixed Salad

Dessert
Option D

Butterscotch
Cookie

Dessert
Option Y

Yeo Valley
Organic Yoghurt

Dessert
Option F

Fresh Fruit



HAPPY LINCOLNSHIRE DAY

FRIDAY 29TH SEPTEMBER

	Monday 25th Sept	Tuesday 26th Sept	Wednesday 27th Sept	Thursday 28th Sept
Lunch Option 1	Cheese & Tomato Pizza Slices & Mayo	Beef Lasagne	Cheese & Tomato Chicken Melt & 1/2 Jacket Potato	MSC Fish Fingers, Tortilla Wrap & Baby Potatoes
Lunch Option 2	Quorn Cottage Pie	Chicken, Potato & Vegetable Casserole	Vegetable Lasagne	Cheese, Broccoli & Bacon Hot Pot
Lunch Option 3	Stuffed Pepper & Salad	Veggie Burrito	Egg, Spinach & Tomato Muffins & 1/2 Jacket Potato	Breaded Vegetable Fingers, Baby Potatoes & Tortilla Wrap
1, 2 & 3 served with	Baked Beans	Mixed Vegetables	Mixed Vegetables	Spaghetti Hoops & Rainbow Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Cocoa Oat Cookie	Apple Crumble & Custard	Strawberry Jelly with Melon Slice	Vanilla Sprinkle Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

LINCOLNSHIRE DAY

Friday 29th Sept

Simpsons
Lincolnshire
Sausage & Mash

Ploughman's Lunch
- Ham, Cheese,
Fresh Roll, Crudites
& Tomato Relish

Homemade
Vegetable Quiche
& Mash

Mixed Vegetables
(M1/M2 Only)

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Traditional
Grantham
Gingerbread

Yeo Valley
Organic Yoghurt

Fresh Fruit

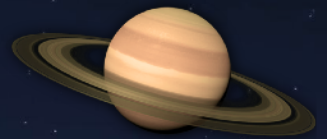


MON 2ND - FRI 6TH

OCTOBER 2023



	Monday 2nd Oct	Tuesday 3rd Oct	Wednesday 4th Oct	Thursday 5th Oct	Friday 6th Oct
Lunch Option 1	Creamy Tomato Pasta & Garlic Bread	Mild & Creamy Coconut Chicken Curry & Rice	Roast Pork & Roast Potatoes	Simpsons Beef Burger, Fresh Bloomsbury Roll & Cheese	MSC Battered Fish
Lunch Option 2	Mild Vegetable Chilli & 1/2 Jacket Potato	Beef Cottage Pie	Bacon Mac' Cheese	Cheese & Tomato Pizza Slices	Grilled Cheese Toastie
Lunch Option 3	Cheese Topped Veggie Cottage Pie	Vegetable & Lentil Curry & Rice	Quorn Sausage Casserole & Roast Potatoes	Cheese Filled Potato Shells	Quorn Dippers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Baked Beans & Rainbow Salad Platter	Potato Smiles, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Butterscotch Cookie	Peach & Raspberry Sponge & Custard	Tutti Frutti Shortbread	Chocolate Cracknel	Carrot Cake & Orange Wedge Smiles
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



World Space Week

Tuesday 10th Oct

 World Space Week

Tuesday
10th Oct



Cosmic Breaded
Chicken Grill

Planet Pepperoni
Pizza Baguette

Cheese Puff
Pastry Solar Swirl

Martian Mashed
Potato & Baked
Beans

Jacket Potato
with a selection of
fillings

Cheese Baguette

Served with
Mixed Salad

Marbled Galaxy
Sponge Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit

Wednesday
11th Oct

Mega Mild Chilli
Mince & Rice

Chicken, Potato &
Veg Casserole

Creamy Tomato
Pasta

Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Orange Jelly with
Mandarins

Yeo Valley
Organic Yoghurt

Fresh Fruit

Thursday
12th Oct

Roast Chicken

Crustless Salmon
Quiche

Crustless
Vegetable Quiche

Mashed Potato &
Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Diced Chicken
Mayo Baguette

Served with
Mixed Salad

Oat Cookie

Yeo Valley
Organic Yoghurt

Fresh Fruit

WEAR IT
PINK

BREAST
CANCER
NOW
The research &
support charity

Friday 13th Oct

MSC Fish Fingers

Ham & Egg
Muffins

Chickpea &
Sweetcorn Fritter

Diced Herby
Roast Potatoes,
Peas & Ketchup

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Wear It Pink
Sponge Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit

Monday
9th Oct

Macaroni
Cheese & Garlic
Bread

Quorn &
Vegetable
Cottage Pie

Mild Mexican
Bean Wrap

Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Tuna Mayo
Baguette

Served with
Mixed Salad

Banana &
Chocolate
Custard

Yeo Valley
Organic Yoghurt

Fresh Fruit

Lunch
Option 1

Lunch
Option 2

Lunch
Option 3

1, 2 & 3
served with

Lunch
Option 4

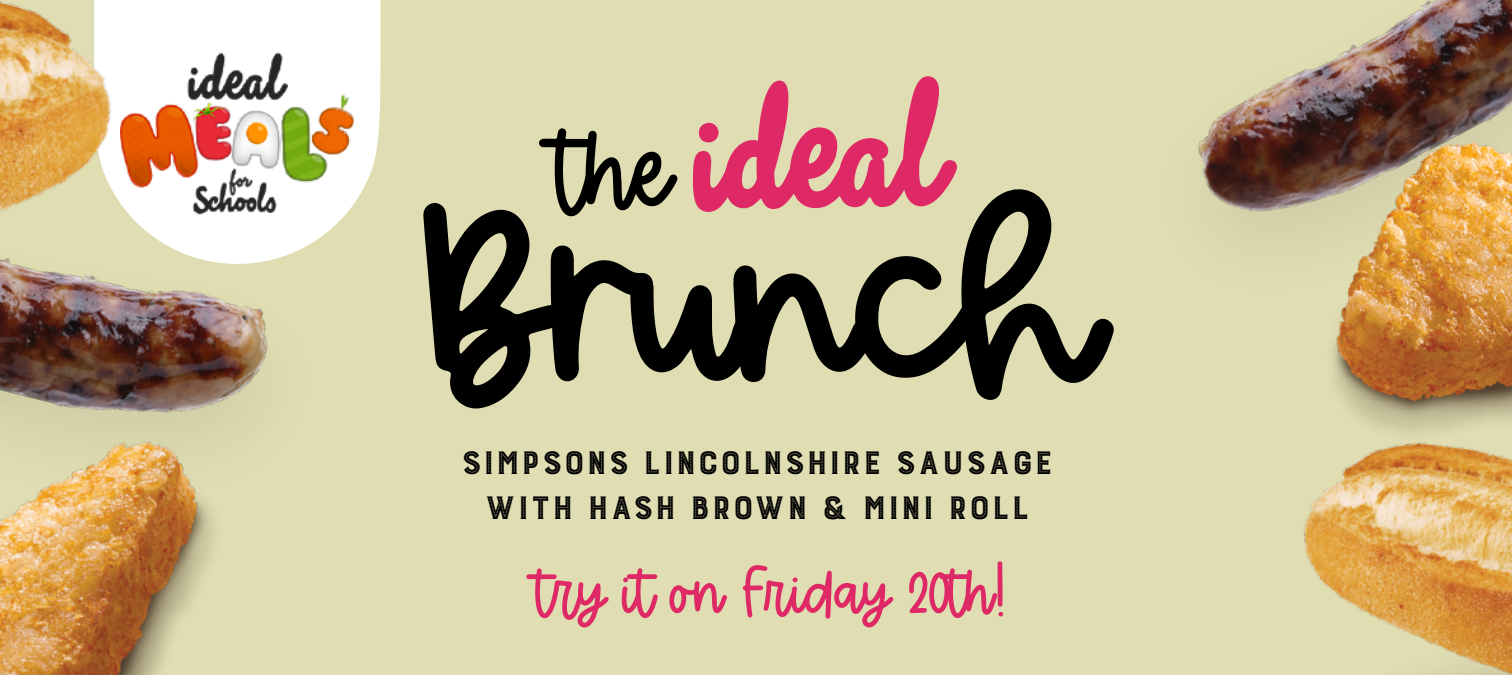
Lunch
Option 5

4 & 5
served with

Dessert
Option D

Dessert
Option Y

Dessert
Option F



the ideal Brunch

SIMPSONS LINCOLNSHIRE SAUSAGE
WITH HASH BROWN & MINI ROLL

try it on Friday 20th!

	Monday 16th Oct	Tuesday 17th Oct	Wednesday 18th Oct	Thursday 19th Oct	Friday 20th Oct
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Bolognese Pasta	Roast Pork & Roast Potatoes	Cheese & Tomato Chicken Melt & 1/2 Jacket Potato	The Ideal Brunch - Simpsons Lincolnshire Sausage, Hash Brown & Mini Bread Roll
Lunch Option 2	Breaded Vegetable Fingers & Tortilla Wrap	Cheese Filled Potato Shells	Beef Lasagne	Mild Vegetable Chilli & 1/2 Jacket Potato	Tuna Pizza Baguette
Lunch Option 3	Veggie Burrito	Vegetable Noodles	Cheese Topped Veggie Cottage Pie	Vegetable Lasagne	The Ideal Veggie Brunch - Quorn Sausage
1, 2 & 3 served with	Spaghetti Hoops & Cucumber Slices	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Chocolate Cracknel	Apple Crumble & Custard	Mango & Vanilla Sponge Cake	Flapjack & Melon Slice	Toffee Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to
answer any questions in relation to our service.

Contact us at any time using the details below.

TELEPHONE
01522 246424

EMAIL
ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media.
It's a great way to see some of the meal options on offer.



@idealschoolmeals



@mealsideal



@idealschoolmeals