**Learning pathway**
supporting the personal development of the **whole child**

Pupils can collaborate and work as a team

Pupils can evaluate their peers

Pupils can support others when there is a competitive element

Pupils try their hardest when working with a team

Pupils can play fairly in their teams

Pupils continue to try hard even when they are challenged

Pupils can travel with confidence

Pupils have developed their character and personal life skills

**Foundation: Jumping**
Explore/develop jumping
Apply jumping into a game
Jumping for distance
Explore jumping high
Explore hopping

**Year 1: Locomotion (running)**
Explore running
Apply running into a game
Explore running at different speeds
Running for speed: Acceleration
Explore running in a team
Consolidate running

**Year 2: Jumping**
Consolidate jumping
Apply jumping into a game
Linking jumping
Explore jumping combinations
Develop jumping combinations

**Year 3: Athletics**
Explore running for speed
Explore acceleration
Introduce /develop relay:
Running for speed in a team
Throwing: Accuracy vs distance
Standing Long Jump

**Year 4: Athletics**
Develop running at speed
Exploring our stride pattern
Exploring running at pace
Understand and apply tactics when running for distance
Javelin
Standing Triple Jump

**Year 5: Athletics**
Finishing a race
Evaluating our performance
Sprinting: My personal best
Relay changeovers
Shot Put
Introducing the hurdles

**Year 6: Athletics**
Running for speed competition
Running for distance competition
Throwing competition
Jumping competition

**Beyond KS2**
Pupils are inspired, physically competent and confident
Pupils understand and succeed when implementing a broad range of skills
Pupils choose to seek healthy, active lifestyles

**Learning Pathway**
Locomotion into Athletics

Complete P.E.™
INSPIRE LEARN SUCCEED