**Learning pathway**
supporting the personal development of the **whole child**

**Foundation: Moving**
Explore moving and making shapes using different body parts
Explore moving in different directions
Moving and creating shapes in pairs

**Year 1: Body Parts**
Introduction to 'big' and 'small' body parts
Combining big and small with wide, narrow and curled
Creative ways of adding (linking) movements together

**Year 2: Pathways**
Exploring zig-zag and curled pathways
Developing zig-zag and curled pathways on apparatus
Creation and completion of pathways sequences and performance

**Year 3: Canon and Unison**
Introduction to Unison
Introduction to Canon
Application of sequences in 'Unison' and 'Canon' onto apparatus
Combining Canon and Unison in groups

**Year 4: Levels and Direction**
Exploring changes in 'Level'
Exploring changes in 'Direction'
Application of learning onto apparatus to include changes in 'Level' and 'Direction'

**Year 5: Flight**
Introduction to Flight: Developing Jumping
Application of 'Jumping,' learning, onto apparatus
Combining jumping on apparatus with Canon and Unison
Sequence formation and performance

**Year 6: Creating Sequences**
Challenging creativity
Sequence development
Sequence performance

**Beyond KS2**
Pupils are inspired, physically competent and confident
Pupils understand and succeed when implementing a broad range of skills
Pupils choose to seek healthy, active lifestyles

Pupils have developed their character and personal life skills

Pupils can travel with confidence over, under and through equipment

Pupils are brave and try their own ideas

Pupils can give purposeful feedback when they peer assess

Pupils respect their peers as they perform

Pupils enjoy performing their routines

Pupils can collaborate effectively with their partner

Pupils can managed their emotions when performing their routine

Complete P.E.™
INSPIRE LEARN SUCCEED

**Learning Pathway 2**
Gymnastics