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JANUARY & FEBRUARY 2024

# WELCOME TO YOUR SCHOOL LUNCH SERVICE

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download each terms allergen information here <u>idealschoolmeals.co.uk/</u><u>allergen-advice</u>

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



SIMPSONS BUTCHERS





Supporting the local economy and keeping food miles low is really important to us.

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

This Grantham based company, managed by a Father and son, have been trading for over 30 years and supply all of our freshly baked bread rolls.

## upcoming theme days





We decided on something a little different for the January 2024 census day.

Coinciding with National Winnie the Pooh Day, January 18th commemorates author A.A. Milnes birthday in 1882. AA.Milne had no idea when he turned his little boy Christopher Robin's favourite toy into a children's character, that he would become one of the most wellloved and recognised children's characters in the world.

Joining us for lunch today not only provides opportunity to enjoy some yummy, Winnie the Pooh and Friends menu options, it also boosts funding for your child's school.



Everyone can take part in the world's largest garden wildlife survey, at home, or at school. The Big Garden Birdwatch takes place over the last weekend of January every year. The results, along with those taken from surveys in schools, throughout this term, helps scientists form a snapshot of how birds are faring across the UK.

Our popular Birdwatch Brunch returns, followed by a fitting Shortbread Bird Biscuit.

## TACO TUESDAY

18TH JAN

30TH

JAN

Taco Tuesday has become a regular feature on our termly menu plan following a suggestion from members of the academy council, in one of our schools.

Your feedback matters to us and helps us give you our best. Do you have feedback or ideas to share? Drop us a line on <u>enquiries@idealschoolmeals.co.uk</u>

CHINESE NEW YEXR

9TH FEB

Celebrating the beginning of a new year on the traditional lunisolar Chinese calendar.

In China, the public holiday lasts for three days and is the biggest and most extravagant celebration of the year.

Each year is named after an animal, this being the Year of the Dragon!







### SIMPSONS BUTCHERS

TWICE WINNER OF Butchers of the year

	Monday 8th Jan	Tuesday 9th Jan	Wednesday 10th Jan	Thursday 11 th Jan	Friday 12th Jan
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Bolognese Pasta	Roast Gammon	Chicken Breast with Rice & Optional BBQ Sauce	Simpsons Beef Burger, Fresh Bloomsbury Roll & Cheese
Lunch Option 2	Nut Free Pesto Pasta	Creamy Chicken Cottage Pie	Cheese & Broccoli Fritter	Bacon Mac′ Cheese	Cheese Panini
Lunch Option 3	Potato & Vegetable Curry with Rice	Veggie Bolognese Pasta	Homemade Quorn Toad in the Hole	Veggie Dippers with Rice & Optional BBQ Sauce	Quorn Sausage Burger, Fresh Bloomsbury Roll & Cheese
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Mixed Vegetables	Roast Potatoes & Mixed Vegetables	Mixed Vegetables	Baked Beans & Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Apple Sponge Cake & Custard	Chocolate Cracknel	Shortbread Finger & Melon Slice	Toffee Sponge Cake with Buttercream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit







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EG.	Monday 15th Jan	Tuesday 16th Jan	Wednesday 17th Jan	Thursday 18th Jan	Friday 19th Jan
Lunch Option 1	Macaroni Cheese & Bread Selection	Beef Cottage Pie	Roast Chicken & Mashed Potato	Piglet's Pigs in Pastry Blankets (Puff Pastry Sausage Roll)	Breaded Fishcake
Lunch Option 2	Salmon & Potato Bake	Hunters Chicken Pasta	Tomato Macaroni Bake	Winnie the Pooh Bear's Picnic Bag - Ham Roll, Cheese Chunk & Cucumber Slices	Cauliflower & Broccoli Cheese Bake
Lunch Option 3	Cheese Topped Veggie Cottage Pie	Stuffed Pepper in Tomato Sauce	Puff Pastry Quorn Sausage Roll & Mashed Potato	Rabbit's Garden Vegetable Fingers	Vegetable Quiche
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Tigger's Curly Tail Fries & Baked Beans (M1 & M3 Only)	Diced Potatoes, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Cocoa Oat Cookie	Strawberry Jelly with Diced Peaches	Chocolate Sponge Cake with Buttercream	Eeyore's Love Heart Shortbread	Carrot & Mandarin Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



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# **GARDEN** BIRDUATCH

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	Monday 22nd Jan	Tuesday 23rd Jan	Wednesday 24th Jan	Thursday 25th Jan	Friday 26th Jan	
Lunch Option 1	Creamy Tomato Pasta & Garlic Bread	Mild & Creamy Coconut Chicken Curry & Rice	Roast Gammon	Beef Lasagne	The Big Garden Birdwatch Brunch - Sausage, Hash Brown & Mini Roll	
Lunch Option 2	Veggie Pizza Baguette	Ham & Cheese Filled Potato Shells	Breaded Vegetable Fingers & Ketchup	Chicken & Rice Burrito	Cheese & Bacon Brunch Wrap with Ketchup	
Lunch Option 3	Potato & Vegetable Curry with Rice	Quorn Sausage, Bean & Mash Pie	Cheese Puff Pastry Whirl	Vegetable Lasagne	Veggie Brunch - Egg Muffins, Hash Brown & Mini Roll	
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Mixed Vegetables	Baked Beans	
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings				
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette	
4 & 5 served with	Served with Mixed Salad					
Dessert Option D	Banana & Chocolate Custard	Mango & Vanilla Sponge Cake	Chocolate Cracknel	Apple Crumble & Custard	Shortbread Bird Biscuits	
Dessert Option Y	Yeo Valley Organic Yoghurt					
Dessert Option F	Fresh Fruit					



TACO

	Monday 29th Jan	Tuesday 30th Jan	Wednesday 31 st Jan	Thursday 1 st Feb	Friday 2nd Feb
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Mega Mild Mexican Chicken, Tortilla Wrap & Rice	Simpsons Puff Pastry Sausage Roll	Roast Beef & Roast Potatoes	Breaded Fish Fingers
Lunch Option 2	Nut Free Pesto Pasta	Sloppy Joe Potato Skins - Mild Chilli & Cheese Melt	Ham & Egg Muffins	Bacon Mac′ Cheese	Grilled Cheese Toastie
Lunch Option 3	Stuffed Pepper in Tomato Sauce	Quorn Sloppy Joe Potato Skins - Mild Chilli Quorn & Cheese Melt	Cheese & Potato Pasty	Homemade Quorn Toad in the Hole & Roast Potatoes	Cheese & Broccoli Fritter
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Rainbow Salad Platter	Mashed Potato & Baked Beans	Mixed Vegetables	Diced Roast Potatoes, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Chocolate Sponge & Chocolate Sauce	Strawberry Jelly with Diced Peaches	Toffee Sponge Cake with Buttercream	Flapjack Finger & Raisins
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



## CHINESE NEW YEXR FRIDXY 9TH FEB

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	Monday 5th Feb	Tuesday 6th Feb	Wednesday 7th Feb	Thursday 8th Feb	Friday 9th Feb
Lunch Option 1	Macaroni Cheese & Bread Selection	Breaded Fishcake	Bolognese Pasta	Roast Chicken & Roast Potatoes	Breaded Chicken with optional Sweet & Sour Dipping Sauce
Lunch Option 2	Savoury Quorn Mince in Gravy & Yorkshire Pudding	Cauliflower & Broccoli Cheese Bake	Creamy Chicken Cottage Pie	Salmon & Potato Bake	Chinese Chicken Noodles
Lunch Option 3	Mild Mexican Bean Wrap	Puff Pastry Quorn Sausage Roll	Veggie Bolognese Pasta	Cheese Topped Veggie Cottage Pie	Mini Vegetable Spring Rolls & Optional Sweet & Sour Dipping Sauce
1, 2 & 3 served with	Mixed Vegetables	Mashed Potato & Baked Beans	Mixed Vegetables	Mixed Vegetables	Egg Rice, Peas, Sweetcorn & Carrots
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings			
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Chocolate Cracknel	Fruit Crumble & Custard	Vanilla Muffin & Melon Slice	Ice Cream Sponge Roll	Chinese Marble Cookies
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

# WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR **CHILDREN**

#### We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

## TELEPHONE 01522 246424

### EMAIL ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media. It's a great way to see some of the meal options on offer.

> @idealschoolmeals **f**



@mealsideal

