

<u>ALLERGY TYPE</u>	<u>WHEAT</u>	<u>DAIRY</u>	<u>CELERY</u>	<u>MUSTARD</u>	<u>SOYA</u>	<u>EGG</u>	<u>FISH</u>	<u>NUT</u>	<u>SULPHURE DIOXIDE</u>
WEEK 1									
HAM PIZZA & BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
BLT BAGUETTE WITH CHEESEY POTATO	YES	YES	YES	YES	YES	YES	NO	NO	NO
BEEFBURGER IN A BUN WITH POTATO WEDGES & PEAS	YES	NO	NO	NO	YES	NO	NO	NO	YES
ROAST PORK DINNER WITH POTATOES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
CHILLI CON CARNE WITH NACHOS RICE & PEAS	YES	NO	NO	NO	NO	NO	NO	NO	NO
STUFFED MUSHROOMS WITH RICE & PEAS WITH RICE & PEAS	YES	YES	NO	NO	NO	YES	NO	NO	NO
MAC & CHEESE WITH PEAS	YES	YES	YES	YES	YES	YES	NO	NO	YES
VEGGIE SAUSAGES WITH POTATO WEDGES & PEAS	YES	YES	NO	NO	YES	NO	NO	NO	YES
RATATOUILLE & RICE	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHEESE & POTATO PIE WITH BEANS	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
STRAWBERRY ROLL	YES	YES	NO	NO	YES	YES	NO	NO	NO
BANANA PANCAKES	YES	YES	NO	NO	NO	YES	NO	NO	NO
CHEESECAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
SULTANA SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
ICE CREAM & FRUIT	NO	YES	NO	NO	NO	NO	NO	NO	NO
<u>ALLERGY TYPE</u>	<u>WHEAT</u>	<u>DAIRY</u>	<u>CELERY</u>	<u>MUSTARD</u>	<u>SOYA</u>	<u>EGG</u>	<u>FISH</u>	<u>NUT</u>	<u>SULPHURE DIOXIDE</u>
WEEK 2									
LINCOLNSHIRE HOTDOGS WITH OVEN CHIPS & PEAS	YES	NO	NO	NO	NO	NO	NO	NO	YES
FISH PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	YES	NO	NO
ROAST CHICKEN DINNER WITH POTATOES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
CHEESE & HAM PASTA BAKE WITH CRUSTY BREAD & PEAS	YES	YES	YES	YES	YES	YES	NO	NO	NO
CREAMY CHICKEN KORMA WITH RICE & PEAS	YES	YES	NO	YES	NO	NO	NO	NO	NO
VEGGIE HOT DOGS CHIPS & PEAS	YES	YES	YES	YES	YES	YES	NO	NO	YES

PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
BANANA & ICE CREAM	NO	YES	NO	NO	NO	YES	NO	NO	NO
STICKY SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
FLAPJACK	YES	YES	NO	NO	NO	NO	NO	NO	NO
DOUGHNUT	YES	YES	NO	NO	YES	YES	NO	NO	NO
GINGERBREAD & FRUIT	YES	YES	NO	NO	YES	NO	NO	NO	NO
<u>ALLERGY TYPE</u>	<u>WHEAT</u>	<u>DAIRY</u>	<u>CELERY</u>	<u>MUSTARD</u>	<u>SOYA</u>	<u>EGG</u>	<u>FISH</u>	<u>NUT</u>	<u>SULPHURE DIOXIDE</u>
WEEK 4									
LINCOLNSHIRE SAUSAGE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
ROAST TURKEY DINNER WITH POATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
LASAGNE WITH CRUSTY BREAD & SWEETCORN	YES	YES	YES	YES	YES	YES	NO	NO	NO
FISH FINGERS WITH OVEN CHIPS & BEANS	YES	NO	NO	NO	NO	NO	YES	NO	NO
PEPPORONI PIZZA & BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
QUORN CHICKEN CASSEROLE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
VEGETARIAN COTTAGE PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
QUORN CHICKEN KORMA & RICE	YES	YES	NO	NO	YES	NO	NO	NO	NO
MOZZARELLA FINGERS WITH OVEN CHIPS & PEAS	YES	YES	NO	NO	NO	NO	NO	NO	NO
CAULIFLOWER CHEESE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHEESECAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO

SHORTBREAD & FRUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
ANGEL CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
FRUIT & ICE CREAM	NO	YES	NO	NO	NO	YES	NO	NO	NO
CHOCOLATE CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
ALLERGY TYPE	WHEAT	DAIRY	CELERY	MUSTARD	SOYA	EGG	FISH	NUT	SULPHURE DIOXIDE
WEEK 5									
GAMMON HAM CHEESEY JACKET TOMS & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
ROAST BEEF WITH POTATOES, VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
MEATBALLS & PASTA WITH CRUSTY BREAD & PEAS	YES	YES	NO	YES	YES	YES	NO	NO	YES
FISHCAKES WITH OVEN CHIPS & BEANS	YES	YES	NO	YES	NO	NO	YES	NO	NO
COTTAGE PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	YES
VEGGI HOT DOG WITH CHEESEY JACKET CUCUMBER & TOMS	YES	YES	NO	NO	YES	YES	NO	NO	YES
RATATOUILLE & RICE	YES	YES	NO	NO	NO	NO	NO	NO	NO
VEGETARIAN LASAGNE WITH CRUSTY BREAD & PEAS	YES	YES	YES	YRD	YES	YES	NO	NO	NO
VEGETABLE FINGERS WITHOVEN CHIPS & SWEETCORN	YES	YES	NO	NO	NO	YES	NO	NO	NO
CHEESE & TOMATO PIZZA WITH BEANS	YES	YES	NO	NO	NO	YES	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHOCOLATE MOUSSE	NO	YES	NO	NO	YES	YES	NO	NO	NO
GINGERBREAD MAN & FRUIT	YES	YES	NO	NO	YES	NO	NO	NO	NO
ICED FAIRY CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
BANANA PANCAKES	YES	YES	NO	NO	NO	YES	NO	NO	NO
LEMON SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
ALLERGY TYPE	WHEAT	DAIRY	CELERY	MUSTARD	SOYA	EGG	FISH	NUT	SULPHURE DIOXIDE
WEEK 6									
CREAMY CHICKEN KORMA WITH RICE & PEAS	YES	YES	NO	YES	NO	NO	NO	NO	NO

