ALLERGY TYPE	WHEAT	DAIRY	CELERY	MUSTARD	SOYA	EGG	FISH	NUT	SULPHURE DIOXIDE
PIZZA & BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
STEAK PIE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
BEEFBURGER IN A BUN WITH POTATO WEDGES & PEAS	YES	NO	NO	NO	YES	NO	NO	NO	YES
ROAST BEEF DINNER WITH POTAOTES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
CHEESE & TOMATO PASTA BAKE WITH GARLIC BREAD & SWEETCORN	YES	YES	NO	NO	NO	YES	NO	NO	NO
STUFFED MUSHROOMS WITH RICE & PEAS WITH RICE & PEAS	YES	YES	NO	NO	NO	YES	NO	NO	NO
CAULIFLOWER CHEESE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
VEGGIE SAUSAGES WITH POTATO WEDGES & PEAS	YES	YES	NO	NO	YES	NO	NO	NO	YES
RATATOUILLE & RICE	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHEESE & POTATO PIE WITH BEANS	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
STRAWBERRY ROLL	YES	YES	NO	NO	YES	YES	NO	NO	NO
BANANA PANCAKES	YES	YES	NO	NO	NO	YES	NO	NO	NO
CHEESECAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
SULTANA SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
SHORTBREAD & FRUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
ALLERGY TYPE	WHEAT	DAIRY	CELERY	MUSTARD	SOYA	EGG	FISH	NUT	SULPHURE DIOXIDE
WEEK 2									
LINCOLNSHIRE HOTDOGS WITH OVEN CHIPS & PEAS	YES	NO	NO	NO	NO	NO	NO	NO	YES
FISH PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	YES	NO	NO
ROAST CHICKEN DINNER WITH POTAOTES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
MEATBALLS & PASTA WITH GARLIC BREAD & PEAS	YES	YES	NO	YES	YES	YES	NO	NO	YES
CHICKEN BURGER WITH POTATO WEDGES & SWEETCORN	YES	NO	NO	NO	NO	NO	NO	NO	NO
CHEESE & ONION PASTY WITH BEANS	YES	YES	NO	YES	NO	YES	NO	YES	NO

CHEESE & TOMATO PIZZA WITH BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHEESE & TOMATO QUICHE WITH JACKET & SALAD	YES	YES	NO	NO	NO	NO	NO	NO	NO
MACARONI CHEESE WITH GARLIC BREAD & PEAS	YES	YES	YES	YES	YES	YES	NO	NO	NO
SWEET & SOUR QUORN CHICKEN WITH RICE	YES	NO	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
PEACHES & ICE CREAM	NO	YES	NO	NO	NO	NO	NO	NO	NO
ICED FAIRY CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
JAM TART & FRUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHOCOLATE CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
STRAWBERRY MOUSSE	YES	NO	NO	NO	YES	NO	NO	NO	NO
ALLERGY TYPE	**WHEAT**	**DAIRY**	**CELERY**	**MUSTARD**	**SOYA**	**EGG**	**FISH**	**NUT**	**SULPHURE DIOXIDE**
WEEK 3									
CHICKEN PITTA POCKETS WITH OVEN CHIPS & PEAS	YES	NO	NO	NO	NO	NO	NO	NO	NO
TOAD IN THE HOLE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	YES
PASTA BOLOGNAISE WITH GARLIC BREAD & SALAD	YES	YES	NO	NO	NO	YES	NO	NO	NO
ROAST PORK DINNER WITH POTAOTES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
FISH PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	YES	NO	NO
VEGETARIAN CHILLI CON CARNE & RICE	YES	NO	NO	NO	YES	NO	NO	NO	NO
VEGETARIAN TOAD IN THE HOLE WITH MASH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	YES
MINI PANCAKE ROLLS WITH SWEET & SOUR DIPPING SAUCE & RICE	YES	NO	NO	NO	YES	NO	NO	NO	NO
STIR FRIED VEGETABLE NOODLES	YES	NO	NO	NO	NO	YES	NO	NO	NO
CHEESE & TOMATO PIZZA WITH BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO

PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
BANANA & ICE CREAM	NO	YES	NO	NO	NO	YES	NO	NO	NO
STICKY SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
FLAPJACK	YES	YES	NO	NO	NO	NO	NO	NO	NO
DOUGHNUT	YES	YES	NO	NO	YES	YES	NO	NO	NO
GINGERBREAD & FRUIT	YES	YES	NO	NO	YES	NO	NO	NO	NO
ALLERGY TYPE	**WHEAT**	**DAIRY**	**CELERY**	**MUSTARD**	**SOYA**	**EGG**	**FISH**	**NUT**	**SULPHURE DIOXIDE**
WEEK 4									
LINCOLNSHIRE SAUSAGE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
ROAST TURKEY DINNER WITH POATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
LASAGNE WITH GARLIC BREAD & SWEETCORN	YES	YES	YES	YES	YES	YES	NO	NO	NO
FISH FINGERS WITH OVEN CHIPS & BEANS	YES	NO	NO	NO	NO	NO	YES	NO	NO
CHEESE & TOMATO PIZZA WITH POATO WEDGES & PEAS	YES	YES	NO	NO	NO	NO	NO	NO	NO
QUORN CHICKEN CASSEROLE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
VEGETARIAN COTTAGE PIE WITH VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
QUORN CHICKEN KORMA & RICE	YES	YES	NO	NO	YES	NO	NO	NO	NO
MOZZARELLA FINGERS WITH OVEN CHIPS & BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
CAULIFLOWER CHEESE WITH POTATOES & PEAS	YES	YES	YES	YES	YES	YES	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHEESECAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO

SHORTBREAD & FRUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
ANGEL CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
FRUIT & ICE CREAM	NO	YES	NO	NO	NO	YES	NO	NO	NO
CHOCOLATE CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
ALLERGY TYPE	**WHEAT**	**DAIRY**	**CELERY**	**MUSTARD**	**SOYA**	**EGG**	**FISH**	**NUT**	**SULPHURE DIOXIDE**
WEEK 5									
GAMMON WITH POTATO WEDGES & PEAS	YES	NO	NO	NO	NO	NO	NO	NO	NO
ROAST PORK WITH POTATOES, VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
MEATBALLS & PASTA WITH GARLIC BREAD & PEAS	YES	YES	NO	YES	YES	YES	NO	NO	YES
FISHCAKES WITH OVEN CHIPS & BEANS	YES	YES	NO	YES	NO	NO	YES	NO	NO
SLOW COOKED BEEF CASSEROLE WITH MASH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
VEGGI BURGER IN A BUN WITH POTATO WEDGES & PEAS	YES	NO	NO	NO	YES	YES	NO	NO	YES
RATATOUILLE & RICE	YES	YES	NO	NO	NO	NO	NO	NO	NO
VEGETARIAN LASAGNE WITH GARLIC BREAD & PEAS	YES	YES	YES	YRD	YES	YES	NO	NO	NO
VEGETABLE FINGERS WITHOVEN CHIPS & BEANS	YES	YES	NO	NO	NO	YES	NO	NO	NO
CHEESE & TOMATO PIZZA WITH CRISPY POTS & SWEETCORN	YES	YES	NO	NO	NO	YES	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
CHOCOLATE MOUSSE	NO	YES	NO	NO	YES	YES	NO	NO	NO
GINGERBREAD MAN & FRUIT	YES	YES	NO	NO	YES	NO	NO	NO	NO
ICED FAIRY CAKE	YES	YES	NO	NO	NO	YES	NO	NO	NO
BANANA PANCAKES	YES	YES	NO	NO	NO	YES	NO	NO	NO
LEMON SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
ALLERGY TYPE	**WHEAT**	**DAIRY**	**CELERY**	**MUSTARD**	**SOYA**	**EGG**	**FISH**	**NUT**	**SULPHURE DIOXIDE**
WEEK 6									
CREAMY CHICKEN KORMA WITH RICE & PEAS	YES	YES	NO	YES	NO	NO	NO	NO	NO

ROAST BEEF DINNER WITH POTAOTES VEGETABLES & GRAVY	YES	YES	YES	YES	YES	YES	NO	NO	NO
CHEESE PIZZA & BEANS	YES	YES	NO	NO	NO	NO	NO	NO	NO
TOAD IN THE HOLE WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	YES
FISH FINGERS WITH POTATO WAFFLES & PEAS	YES	NO	NO	NO	NO	NO	YES	NO	NO
CHEESE & TOMATO PASTA BAKE WITH GARLIC BREAD	YES	YES	NO	NO	NO	YES	NO	NO	NO
CHEESE & TOMATO QUICHE WITH SALAD & JACKET POTATO	YES	YES	NO	NO	NO	YES	NO	NO	NO
VEGGIE BURGERS & BEAN	YES	YES	NO	NO	YES	YES	NO	NO	YES
QUORN CHICKEN HOT POT WITH POTATOES & VEGETABLES	YES	YES	YES	YES	YES	YES	NO	NO	NO
CHEESE & POTATO PIE WITH BEANS	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH CHEESE & SALAD	NO	YES	NO	NO	NO	NO	NO	NO	NO
JACKET POTATO WITH BEANS & SALAD	NO	NO	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH HAM ROLL WITH YOGHURT, FRUIT, BISCUIT & CARROTS	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH CHEESE ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
PACKED LUNCH TUNA ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	YES	NO	NO
PACKED LUNCH TURKEY ROLL WITH YOGHURT, FRUIT, BISCUIT & CUCUMBER	YES	YES	NO	NO	NO	NO	NO	NO	NO
FRESH FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
YOGHURT & BISCUIT	YES	YES	NO	NO	NO	NO	NO	NO	NO
JELLY & FRUIT	NO	NO	NO	NO	NO	NO	NO	NO	NO
CHEESECAKE	YES	YES	NO	NO	NO	YES	NO	NO	YES
FLAPJACK	YES	YES	NO	NO	NO	NO	NO	NO	NO
STICKY WICKY SPONGE	YES	YES	NO	NO	NO	YES	NO	NO	NO
FRUIT & ICE CREAM	NO	YES	NO	NO	NO	NO	NO	NO	NO